

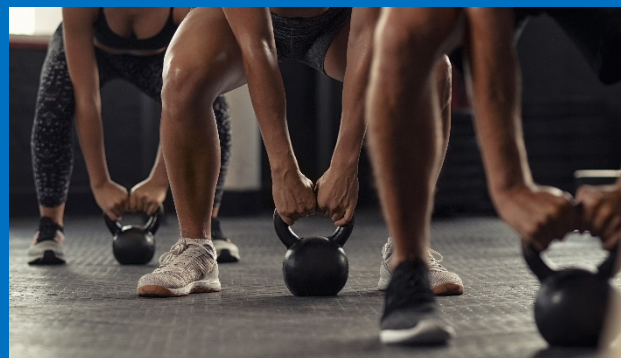
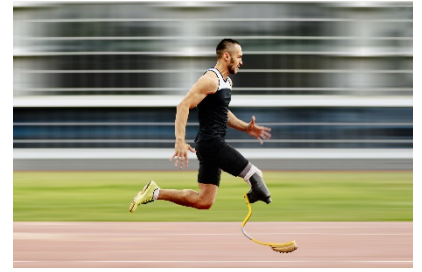
12 WEEK WEIGHT LOSS CHALLENGE

START DATE

April 2, 2025

WEIGH-IN

Every other week



SMART MTA Wellness Program